

CHILL PILL



Press release 4

The Chill Pill project officially reaches its conclusion at the end of February 2026, marking the successful completion of a transformative two-year journey. Throughout its duration, the project has remained steadfast in its mission to strengthen mental well-being, empower young people, and prevent drug use through a unique blend of education, creativity, and peer-to-peer support across seven European countries.

An important moment of this final stage was the last Transnational Partner Meeting and Conference held on the 20th of February 2026 in Opava, Czech Republic. Bringing together more than 40 participants, including educators, stakeholders, youth workers, and community representatives, the event served as a vibrant celebration of the project's achievements. Attendees had the opportunity to explore the finalized resources and witness firsthand the impact of the project on both professionals and the youth involved. The conference fostered deep discussions on the sustainability of the project's results and the importance of continued investment in youth resilience.

All educational resources developed during the project are now fully finalized and available to the public. These include the Well-being Coaching Programme, the Training Programme for Youth Workers, Practitioner Handbook, and the Digital Content Creation Toolkit. These tools are hosted on our multilingual online learning platform, ensuring that the project's methodology remains accessible for years to come. Furthermore, to reach a wider professional audience, key resources have also been shared via the SALTO-YOUTH platform, contributing to broader European non-formal education.

One of the most inspiring legacies of the project is the collection of creative works produced by the participants. Young people from all partner countries utilised the Chill Pill methodology to write, film, and edit their own short awareness-raising movies. These films are now officially available in our online Film Gallery and also on YouTube. This gallery stands as a testament to the power of youth-driven communication in promoting positive coping strategies.

As the project wraps up this month, the Chill Pill consortium wishes to express its deepest gratitude to everyone who supported us over the last two years. On behalf



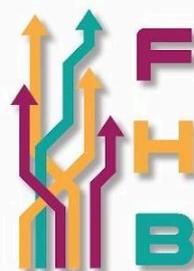
of all partner organisations, we thank the educators, youth workers, volunteers, and, most importantly, the young people whose energy and insights helped make this project truly impactful. Your dedication has built a foundation for a healthier, more resilient future for youth across Europe.

While this chapter of our work officially reaches its completion, our community remains active. We invite everyone to stay in touch, follow us, and join the conversation through [our Facebook page](#) and Instagram page ([@chillpillprojecteu](#)). Together, we can continue to prioritize mental well-being and empower the next generation. The impact of Chill Pill lives on through every young person who has found their voice and every youth worker now equipped to guide them toward a brighter future.

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